

## Unani

### Syllabus Unani for Ayush Medical Officers Examination

<b>BUMS Prof</b>	<b>SI No</b>	<b>Subject</b>
First Prof	1.	Arabic, Mantiq, Urdu
	2.	Kulliyat Umoore Tibiya (Basic Principles of Unani Medicine)
	3.	Tashreehul Badan (Anatomy)
	4.	Munafeul Aza (Physiology)
	5.	Tareekh Tib (History of Medicine)
Second Prof	6.	Tahaffuzi wa Samaji Tib (PSM)
	7.	Ilmul Advia (Pharmacology), Ilmul Saidla wa Murakkabat (Pharmacy)
	8.	Mahiyatul Amraz (Pathology), Sareeriyat wa Usoole Ilaj (Bed Side)
	9.	Tibbe Qanooni wa Ilmul Samoom (FMT)
Final Prof	10.	Ilaj Bit Tadbeer (Regimen Therapy)
	11.	Amraze-e-Atfal (Paediatrics)
	12.	Moalajat (Medicine)
	13.	Amraze Niswan, Ilmul Qabalat wa Naumauood (Gynaecology and Obstetrics)
	14.	Ilmul Jarahat (Surgery)
	15.	Ain, Uzn, Arif, Halaq wa Asnan (Eye and ENT)
	16.	Amraze Jild wa Tazeeniyat (Skin and Cosmetology)

### Syllabus from First Professional

#### Kulliyat Umoore Tabiya (Basic Principles Of Unani Medicine)

- Arkaan (Anasir)
- Mizaj
- Akh'lat
- Arwah
- A'za
- Quwa
- Afaal

#### Tasreehul Badan (Anatomy)

- Sadr (Thorax)
- Tarfe A'ala (Upper Limb)
- Batan (Abdomen)
- A'ana wa ejan (Pelvis and perineum)
- Tarfe Asfal (Lower Limb)


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## Munafeul Aaza (Physiology)

## General Physiology and Biochemistry

# Systemic Physiology

- Digestive System:
  - Respiratory System
  - Excretory System
  - Nervous System
  - Endocrine System
  - Male And Female Reproductive System

## **Syllabus from Second Professional**

## **Ilmul Advia (Unani Pharmacology)**

- Usoule Shanakht Advia (Principles of Identification of drugs)
  - Dawa, Ghiza, and Zulkhassa: Ta'reef , aksam aur ahmiyat
  - Mizaje Advia: Ta'reef , aksam aur ahmiyat (Mizaje Advia: Definition, types and importance)
  - Sammi Advia wa Tiryaq : Samm-e-mutlaq , Samoom , tad zehar (Poisonous drugs and Antidotes)
  - Advia ki tabai khusosiyat (Physical properties of drugs)
  - Gair Maa'ruf Advia ki maloomat ke zara'e (Principals and methods of assessing the action of unknown drugs)
  - Qiyas wa tajurba (Analogy and experimentation)
  - Mukhtaiif nizame jismani par Unani Advia mufradat ke asrat (Action of Unani single drugs on various systems of the body)
  - Ashikale Advia (Different dosage forms)
  - Masalike Advia (Routes of administration of drugs)
  - Muzir aur Musileh (Adverse effects of drugs and their correctives, and scope of pharmacovigilance in Unani medicine)
  - Abdale Advia (Substitution of drugs)
  - Istelahat e Advia ba Atbare Taseer wa Nauyiate Amal (terminologies with respect to the effects and actions of drugs)
  - Advia Nabatiya (Plant origin drugs)
  - Advia Maadaniya (Mineral Origin Drugs)
  - Advia Haiwaniya (Animal Origin Drugs)
  - Advia Jadeeda (Modern Drugs): Pharmacological Terminologies: Definition, Scope & Branches, Routes of drug administration, Introduction to Pharmacokinetics: Drug absorption, Drug metabolism, Excretion of drugs, plasma half-life and doses., Introduction to Pharmacodynamics: Non Receptors and Receptor mechanism
  - Analgesics: Narcotic and Non-narcotic analgesics, anti-inflammatory and antipyretics, Sedatives: hypnotics and tranquilizers, Anesthetics: Local, Spinal and General, Antibiotics: Definition & Classification: Sulphonamides, tetracyclines, Penicillin, chlorophenicol and Amnioglycosidal Drugs

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## Ilmul Saidla (Unani Pharmacy)

- Arqiyaat, Sharbat, Laoq, Khameera, Majoon, Jawarish, Itrifal, Sofoof, Huboob, Roghan, Qurs

## Tibbe Qanooni Wa Ilmul Samoom (Medical Jurisprudence & Toxicology)

- Definition of Medical Jurisprudence and Forensic Medicine. Courts & their powers and proceedings. Sentences authorized by Law. Medical evidences (medical certificates and medico legal reports). Medical code of conduct.
  - Marge Tashaddud (Violent death): Signs of death: Immediate Sign, (cessation of circulation, respiration and brain functions). Early Signs, (changes in eyes, skin, algor mortis, rigor mortis, postmortem lividity). Late Signs, (putrefaction, saponification & mummification).
  - Jarah wa Zakhm (Wounds)
  - Harq (Burns) and Salaq (Scald)
  - Samoome Akkaal (Corrosive poisons)
  - Samoom Laziat (Irritant Poisons)
  - Samoome Asbi (Neurotic poisons)
  - Qalbi (cardiac poison)
  - Sammome Tarraffusi: Carbon monoxide, carbon dioxid  
House hold poisons

## Tahaffuzi Wa Samaj Tib (Preventive And Community Medicine)

- Sehat (Health) Definition, aims & objectives and guidelines for health,
  - Marz (Disease) Definition and causes of disease with details
  - Khandani Mansooba Bandi wa Zabte Tauleed (Family Planning and Birth Control) Definition, scope, types of birth control measures: temporary, permanent.
  - Infectious Diseases (Humeqa (Chickenpox), Khasra (Measles), Judri (Small Pox), Warme Aslul uzn (Mumps), Influenza, Swine Flu, Bird Flu, SARS, Chickengunia, Shaheeqa (Pertussis), Khunnaq (Diphtheria), Diq (Tuberculosis), Haiza (Cholera), Deedane Amaa (Helninthiasis), Hummae Taifoodiya (Typhoid Fever), Hummae Ijamia (Malaria), Hummae Asfar (Yellow Fever), Khaarish, Hummae Danj (Dengue Fever), Ta'oon (Plague), Kala Azar, Daul Kalb (Rabies), Kuzaaz (Tetanus), Juzaam (Leprosy) Daul feel (Filariasis)

Mahiyatul Amraż (Pathology)

Mahiyatul Amraz Umoomi Wa Ilmul Jaraseem (General Pathology And Microbiology)

- Zarbe Khaliya (Cellular injury), Tatabug (Adaptation), Iltihab (Inflammation),

Mahiyatul Amraz Nizami (Systemic Pathology)

- Amraaz Qalb wa Urooq (Disease of the Heart & Blood Vessels)
  - Amraaz Nizam Tanaffus (Diseases of Respiratory System)
  - Amraaze Meda wa Am'a (Gastro –Intestinal Diseases)
  - Amraaze Kabid wa Mirarh (Diseases of Hepato –Billary System)

## **Syllabus from Final Professional**

## **Moalajat (Medicine)**

#### ➤ Amraze Nizame A'asab wa Dimagh (Diseases of Nervous System)

- Sarsam aur uske aqsa (Franeetas, Lasarghas, Utaash, Sarsam aur Sarsam Kazib) (Meningo-coccal Meningitis, Cerebro-Spinal Fever, Fungal Meningitis, Crypto-coccal Meningitis, Tubercular Meningitis)
  - Falij aur uske aqsan (Paralysis and its types)
  - Laqwa (Facial Paralysis)

~~causative factors of Paralysis and its types~~  
Paralysis (Facial Paralysis)  
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- Amraaze Tanaffus (Respiratory Diseases)
- Amraaze Qalb Wa Daurane Khoon (Cardio-Vascular Diseases)
- Amraaze Urooqe Damviya (Diseases Of Blood Vessels)
- Amraze Dam Wa Lymhavia (Diseases Of Blood & Lymphatic System)
- Hoemopoetic System
- Amraaze Nizame Hazm (Diseases Of Digestive System)
  - Amraaze Mari (Diseases of Oesophagus)
  - Amraze Meda (Diseases of stomach)
  - Amraaze Ama'a (Intestinal diseases)
- Amraaze Kabid (Liver Diseases)
- Amraaze Mirara (Diseases Of Gall Bladder)
- Amraaze Tihal (Diseases Of Spleen)
- Amraz-E-Banqaras (Diseases Of Pancreas)
- Amraaze Nizame Baul (Disease Of Urinary System)
- Amraaze Masana (Bladder Disorders)
- Amraaze Tanasul (Genital Disorders)
- Amraze Mafasil
- Hummiyat

#### AMRAAZE JILD {SKIN DISEASES}

- Diseases of Appendages of Skin (Hair, Nails, Sebaceous & Sweet glands)
- Amraaze Azfaar (Diseases of Nails)
- Tazeeniyat (Cosmetology)

#### AMRAZ E NISWAN (GYNAECOLOGY)

- Inqata E Tams (Menopause And Its Related Problems)
- Fatoorat-E-Tams (Menstrual Disorders)
- Amraz-E-Furj (Diseases Of Vulva)
- Amraz-E-Mehbal (Diseases Of Vagina)
- Amraj-F-Reham (Diseases Of Uterus)
- Amraz-E-Qazafain-Wa-Khusyatur-Reham ((Diseases Of The Fallopian Tubes And Ovaries)
- Sailan-Ur-Reham Wa Ghair Tabaiee Mehbali Afrazaat (Excessive And Abnormal Vaginal Discharge)
- Uqr (Infertility)
- Amraz--E-Manqoola Jinsia (Sexually Transmitted Diseases)
- Khandani Mansooba Bandi Wa Maana E Hamal Tadabeer (Family Planning & Contraceptive Measures)
- Amraz-E-Saddiyain (Diseases Of Breast)
- Pseudocyesis (False Pregnancy) (Hamal-E- Kazib) (Rijaa')
- Normal Labor, Mechanism And Management (Tabai Waza-E- Hamal, Mikania Va Intezamia)
- Abnormal Labour And Its Management (Ghair Tabai Waza-E- Hamal Aur Unhke Intezamat)
- Abnormal Presentations (Ghair Tabai Tatreeqat)
- Medical ,Surgical And Gynecological Disorders In Pregnancy
- Obstetric Disorders In Pregnancy
- Obstetrical Procedures & Operations.
- Neonatal Diseases
- Congenital Anomalies Of Newborn

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### Ilmul Jarahat (Surgery)

#### **Jarahiyat Umoomi (General surgery)**

- Jarahat (Wounds)
- Ta'diya (Infection): Ta'diya umoomi (General Infection), Ghair nauvi tadiya (Non-specific infection), Nauvi Tadiya (Specific Infections)
- Khuraj aur Aqsaam (Abscess and its types)
- Sadma (Shock)
- Jiryanuddam (Haemorrhage)
- Intiqaluddam (Blood transfusion)
- Harq wa salq (Burns and Scald)
- Sal'aat (Tumours)
- Arna'e takhdeer (Anaesthesia)
- Ahya-e-Aamale Qalb wa Riya (Acute Cardio-Pulmonary Resuscitation)
- Masnuei amale tanaffus (Artificial Respiration) Ilaaj bit Tasneem (Oxygen Therapy)
- Ilmul Izaam wa mafasil (Orthopedics): Kusoor (Fractures), Khala aur uska Ilaij (Dislocations and its management), Irqunnasa (Sciatica), Amraaze Izam wa mafasil (Diseases of the bones and joints)

#### **Jarahiyat Nizami (Systemic surgery)**

- Disease of Raas (Head)
- Disease of Sadar (Thorax)
- Disease of Mari (Oesophagus)
- Disease of Batan (Abdomen)
- Disease of Ama'a (Intestine)
- Qeeia-e- Maaiya (Hydrocele)
- Fataq (Hernia) Darjabandi, alamat aur awarizat & Inguinal Hernia
- Disease of Maqad wa Qanaate Mabraz (Rectum and Anal canal)
- Disease of Baaretoon (Peritoneum)
- Disease of Mirara (Gall Bladder)
- Disease of Banqaraas (Pancreas)
- Disease of Kabid (Liver)
- Disease of Majraae Baul (Urinary tract)
- Disease of Amraaze Kulliya (Diseases of kidney)

#### Amraaze Atfal (Paediatrics)

- New born care
- Immunization, Immunity in Newborn & Children
- Amraz-e-mutaddi (infectious diseases)
- Congenital diseases and genetic disorders
- Amraz-e-Gaush (diseases of ear)
- Amraz-e-Tanaffus (diseases of respiratory tract)
- Amraz-e-Maida wa Jigar (diseases of stomach and liver)
- Amraz-e-Ama'a wa miq'ad (diseases of intestine and rectum)

#### Ilaaj Bit Tadbeer (Regimenal Therapy)

- Taleeq (Leeching/leech Therapy)
- b) Hijamah (Cupping)
- c) Fasad (Venesection)
- d) Tareeq (Diaphoresis)
- e) Hammam (Bath/hammam)
- f) Takmeed (Fomentation)
- g) Amale kai (Cauterization)
- h) Abzan (Sitz bath)
- Qai (Emesis)
- j) Shamoom (Aroma Therapy)

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- k) Huqna (Enema)
  - l) Natool (Irrigation/Hydration)
  - m) Saoot (Nasal drop)
  - n) Lakhlaakha (Inhalation)
  - o) Zimaad wa Tila (Paste/Liniment)
  - p) Pashoya (Foot bath)
  - q) Gargara (Gargle)
  - r) Mazmaza (Mouthwash)
  - s) Tadheen (Oil Massage/Knead)
  - t) Ilaam (Counter Irritant)
  - u) Bakhoor wa in Inqebab (Vaporisation/Steam inhalation)

## Amraze Ain Wa Amraze Uzn, Anaf Wa Halq (Ophthalmology And Diseases Of Ear, Nose And Throat)

- Amraze Ain (Diseases of Eye)
  - Amraaze Uzn, Anaf wa Halaq (Diseases of Ear, Nose & Throat)

raaze Uzn, Anaf wa Halaq (Diseases of Ear, Nose & Throat)